

# Chicory top for new babes

by Sarah Pope

Whistling Girl Knits



A new little girl arrived in our family this spring and I couldn't resist the urge to whip up something sweet for her in some leftover sock yarn. Chicory grows wild at the roadsides where I grew up, brightening the country lanes with its soft blue flowers. It's both pretty and tough, and every part of the plant is edible. Chicory is sometimes called cornflower (a name commonly given to an unrelated species); the decorative motif on the front of this little top is adapted from the cornflower pattern Barbara Walker recorded in her Second Treasury of Knitting Patterns. This free pattern is given in only one size, but could be easily scaled up with larger yarn and needles or by adjusting the number of stitches. It requires such a small amount of yarn that it's perfect for using up scraps or single skeins!

## Size

0-3 months — 17" (37.4 cm) chest circumference, buttoned

## Materials

### Yarn

250 yards fingering-weight wool

Sample knit in Malabrigo Sock in the colorway "Turner"

### Needles

US #2 (2.75 mm) 24" circular and double pointed needles (dpns)

or size needed to achieve gauge

darning needle

### Sundries

Stitch markers

Waste yarn or stitch holders

2 small buttons, about 1/2" (or size to fit button holes)

## Gauge

Gauge over stockinet stitch:

28 sts x 40 rows = 4" (10 cm)

## Construction notes

Chicory is knit from the bottom up in one piece in reverse stockinet, with garter stitch button bands and tidy slipped edges worked together with the body. Stitches for the circular yoke can be cast on provisionally or by the backward loop method; small sleeve caps are picked up from that cast-on edge and worked down. Chicory stitch motif is worked on the right front, but could easily be mirrored on the left if you favor symmetry.

# Chicory top

Whistling Girl Knits

## Abbreviations

CO = cast on

st(s) = stitch(es)

WS = wrong (interior) side of the work

RS = right (exterior) side of the work

sl = slip st(s) to the right needle purlwise without knitting them

wyib = with yarn in back

wyif = with yarn in front

k = knit

p = purl

yo = yarn over

ssk = slip 1 stitch knitwise, slip the next stitch purlwise\*, then knit them together

k2tog = knit 2 stitches together

p2tog = purl 2 stitches together

pm = place marker

in patt = in pattern

*\*Slipping the second stitch purlwise is an innovation I learned at Meg Swansen's Knitting Camp. It twists the stitch and helps it hide behind the first stitch, making it a better mirror for k2tog.*

## Directions

CO 126 sts using long tail method.

### Work the garter hem

WS: Purl 3, knit to last 3 sts, sl 3 wyif.

RS: Knit to last 3 sts, sl 3 wyib.

*You will slip the last 3 edge sts on every row and purl the first 3 on every WS row until the body is complete to create a neat rolled edge of i-cord.*

Repeat these two rows until there are 5 garter ridges on the RS (9 rows).

*From now until the body is complete, you will work the front bands in garter stitch by knitting the 5 sts adjacent to the slipped edges on RS rows and the body in reverse stockinet by purling the remainder. WS rows will be all knit, but continue to purl the first 3 sts and slip the last 3.*

### Work plain rows

RS: K8, p to last 8 sts, k5, sl 3 wyib.

WS: P3, k to last 3 sts, sl 3 wyif.

Repeat these two rows once more.

### Begin chicory stitch motif

R1 (RS): K8, p8, (k1, yo, k1, yo, k1) into the next st, pm, work as established to end of row.

R2 (WS): P3, k to marker and remove it, p the 5 new sts wrapping the yarn twice around the needle for each st to form elongated sts, k to last 3 sts, sl 3 wyif.



R3: K8, p4, sl 4 wyib, drop first elongated st and hold to front, return slipped sts to left needle and replace elongated st on left needle. Ssk, k3, sl 3 wyib dropping extra loops. Drop last elongated st and hold to front, sl 4 wyib, return elongated st to left needle and then return 4 slipped sts to left needle, k3, k2tog, replace marker, work as established to end of row.

R4: P3, k to marker and remove it, p4, sl 3 wyif, p4, k to last 3 sts, sl 3 wyif.

R5: K8, p5, sl 3 wyib, drop first elongated st and hold to front, return 3 slipped sts and then elongated st to left needle, ssk, k2, sl 1 wyib, pm. Drop next elongated st and hold to front, sl 3 wyib, return elongated st and then 3 slipped sts to left needle, k2, k2tog, p1, work as established to end of row.

R6: P3, k to marker and remove it, p1, k to last 3 sts, sl 3 wyif.

R7-12: Work plain rows as established.

Repeat these 12 rows until the work measures 6" or desired height to arm hole, ending with a Row 12.

*Work button hole and divide for arm holes*

K3, yo wrapping yarn twice around the needle, k2tog, work 23 sts in patt while beginning another chicory cluster, put next 10 sts on waste yarn or a holder to form the right underarm. Cast on 32 sts, either provisionally or by the backward loop method, to form the sleeve cap. P 50 sts across back and put next 10 sts on waste yarn or a holder to form the left underarm. Cast on 32 sts for the sleeve cap and then work 28 remaining sts in patt to end of row.

*When you meet with the double yo on the return row, be sure to knit into just one of the loops and let the other drop off.*

Complete the remaining 11 rows of the chicory stitch motif on these 170 sts and then work Rows 1-8 again.

*Decrease to shape yoke*

R9: K8, \*p2tog, p1; rep from \* to last 9 sts, p1, k5, sl 3 wyib.

Work Rows 10-12 in patt.

*Work another button hole and adjust chicory motif*  
*The smaller stitch count requires that you change the placement of the chicory stitch cluster. Work as follows, adding a second button hole:*

R1: K3, yo wrapping yarn twice around the needle, k2tog, k3, p5, (k1, yo, k1, yo, k1) into next st, pm, work to end of row as established.

R2: P3, k to marker, p the 5 new sts wrapping the yarn twice around the needle for each st to form elongated sts, k to last 3 sts, sl 3 wyif.

*Decrease again*

R3: K8, p1, sl 4 wyib, drop first elongated st and hold to front, return slipped sts to left needle and replace elongated st on left needle. Ssk, k3, sl 3 wyib dropping extra loops. Drop last elongated st and hold to front (removing marker), sl 4 wyib, return elongated st to left needle and then return 4 slipped sts to left needle, k3, k2tog, replace marker, \*p2tog, p1; rep from \* to last 10 sts, p2tog, k5, sl 3 wyib.

Continue as established through Row 8.

R9: K8, p2tog 4 times, p1, \*p2tog, p1; rep from \* to last 8 sts, k5, sl 3 wyib.

Whistling Girl Knits

Chicory top



# Chicory top

Whistling Girl Knits

## shape neckline

WS: P3, knit to last 3 sts, sl 3 wyif.

RS: K3, k2tog, k to last 5 sts, ssk, sl 3 wyib.

Repeat these two rows twice more, then bind off stitches loosely on the WS.

## Finish sleeve caps

Using two dpns, pick up the stitches you cast on at the sleeve cap, either by retrieving the loops you cast on provisionally or by picking up the CO edge itself. Pick up the held sts at the underarm on a third dpn. 43 sts in all.

Join yarn at the beginning of the first needle.

RS: Sl 1, k to last st on Needle 2, ssk the last st on Needle 2 with the first st on Needle 3. Turn work.

WS: Sl 1, k to last st on Needle 1 (the last st before the underarm at the other side, p2tog the last st from Needle 1 with the first st on Needle 3. Turn work.

Repeat these two rows once more, then BO all stitches, including the 6 remaining at the underarm.

## Longer sleeve option

For longer sleeves, pick up 43 stitches and purl around until sleeve measures an inch shorter than desired length. Switch to garter stitch (knit a round, purl a round) to work a cuff an inch long. Bind off all stitches in purl.

## Finishing

Sew buttons on left front garter band. Weave in ends, soak, and block your Chicory top. Any wibbly bits around the yoke decreases should flatten out nicely if you take a firm hand with them.



## Questions or comments?

Please don't hesitate to contact me! I'd love to see pictures of your Chicory top, too.

Email: [sarah@whistlinggirlknits.com](mailto:sarah@whistlinggirlknits.com)

Ravelry: [whistlinggirl](#)